

PARENT ACADEMIES WORKSHOP SERIES



SPONSORED BY BLAINE MIDDLE SCHOOL, BRIGID COLLINS, AND BMS PTSO

OPEN TO ALL BLAINE SCHOOL DISTRICT FAMILIES

WHERE: BLAINE MIDDLE SCHOOL CAFETERIA

Parent Academy Workshop Series

Blaine Middle School and Brigid Collins is offering four Parent Academy Workshops for interested parents looking to connect with other parents of middle school students, be supported in your journey as a parent, and hopefully learn a few things about being a parent that you did not know before.

SPECIAL NOTES: RSVP REQUESTED for food and childcare staffing estimates

- 1) **PLEASE RSVP** by completing and returning bottom portion of flyer to your 1st period or homeroom teacher by March 9.
- 2) Dinner is provided for all family members and is served at 5:15pm in the middle school cafeteria.
- 3) Child care will be provided. Parent Academy content is intended for parents and guardians.

WORKSHOP #1 - COMPLETED

COMPLETED February 6, 5:30pm – 7:30pm – Power of Positive Parenting – “What is positive parenting? Learn five principles that work

WORKSHOP #2 – Blaine Middle School Cafeteria

MARCH 21, 2018 - 5:15pm – 7:30pm – Thriving Kids: Building Blocks for Success - “Find out through the lens of a child’s strengths what environmental supports and experiences make all the difference. What research says may surprise you!”

WORKSHOP #3 - Blaine Middle School Cafeteria

APRIL 18, 2018 - 5:15pm – 7:30pm Myth Busters: The Truth about Teen Behavior - “Explore the teenage brain and gain insight into how their brain development impacts decision-making and relationships. It’s not as simple as we sometimes think!”

WORKSHOP #4 - Blaine Middle School Cafeteria

MAY 9, 2018 - 5:15pm – 7:30pm - Coping with Stress - “Learn techniques to manage day-to-day stress and help you stay calm to consistently apply positive parenting strategies.”

RSVP SLIP: Detach and Return to 1st period or Homeroom teacher by March 9, 2018.

PARENT/GUARDIAN NAME: _____ **STUDENT NAME:** _____ **GR:** _____

I am planning on attending the following Parent Academy Workshop Sessions (Check all that apply):

_____ **MARCH 21, 2018** _____ **APRIL 18, 2018** _____ **MAY 9, 2018**

Number of people attending with me (Write the numbers below):

_____ **Adults** _____ **Children**

My party would like to eat dinner at 5:15pm in the MS cafeteria:

_____ **Yes** _____ **No**

Number of Children we will bring (Write the number on line below):

(Number) _____ **of Children attending**

_____ **Age Range (ex. 4yrs to 7yrs old)**